

## the bbg bulletin

Theatre Dance Award

#TDA

One of the best bits about being a teacher is seeing young people develop a passion, and go on to flourish in it. There is no better example of this than Alexie Hulley and Olivia Baker, who are both in Year 9. Both girls dance with the Elaine Howarth Centre Stage School, and we were very lucky to have been able to watch their return to the stage last year when they performed at Cleckheaton Town Hall.

Last weekend the girls tried something new. They took part in the IDTA Freestyle Scholarships- a competition in a genre of dance which is not their usual style. The dancers who are chosen to compete are those who achieved the highest marks in the country in their recent exams. Despite their lack of experience in this field they finished in the top 6, with Olivia being runner up, and Alexie in 3rd place.

A few weeks ago, Alexie and Olivia also competed in the IDTA Theatre awards, which is little bit more in their comfort zone. They competed in theatrecraft and ballet in the performers level (age 13+). Alexie reached the final out of 56 candidates.

And, just because they never like to be bored, both girls also recently took part in the TDCI Song and Dance Championship, where Alexie came 4<sup>th</sup> in song and dance and Olivia achieved 4<sup>th</sup> place in tap dance.





Well done to both Olivia and Alexie. We can't wait to come and watch you perform again!

# GALA



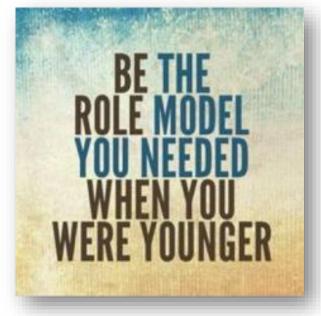


I know it is hard to believe – but our BBG Galaxy are nearing one of our biggest milestones – the BBG Graduation! Held every year during the June 'Half-Term', our Graduation is a time for students to celebrate their achievements, their time at school, and all the work they've done to get to this point. It is a really lovely way to honour all that hard work, and we look forward to seeing you and their families all together on the 31st May.

#### Parental Top Tip 3: Be a Role Model

Set a good example by modelling the behaviour you want your child to adopt...

- Planning for the week
- Eating healthily and well
- Keeping hydrated
- Leading an active life
- Staying calm
- Being organised
- Good sleep habits













#### **KEY STAGE 4**

#### Students studying for a Grade 4 or 5

SUBJECT	DAY	TIME
ENGLISH	MONDAY	15:30 - 17:00
SCIENCE	TUESDAY	15:30 - 17:00
MATHS	WEDNESDAY	15:30 - 17:00

#### Students studying for a Grade 5 to 7

SUBJECT	DAY	TIME
SCIENCE	WEDNESDAY	19:00 – 20:30
ENGLISH	THURSDAY	17:15 – 18:45
MATHS	SUNDAY	14:00 – 15:30

#### Students studying for a Grade 7 to 9

SUBJECT	DAY	TIME
MATHS	TUESDAY	17:15 – 18:45
ENGLISH	FRIDAY	17:15 – 18:45
SCIENCE	FRIDAY	19:00 – 20:30

#### **KEY STAGE 3**

SUBJECT	DAY	TIME
SCIENCE	MONDAY	5:45 – 6:45PM
MATHS	WEDNESDAY	5:05 – 6:05PM
ENGLISH	THURSDAY	6:50 – 7:50PM



### #TEAMBBG

#### **Netball in the Commonwealth Games**

The Commonwealth games will be held in Birmingham in 64 days time, with 72 teams competing. The Commonwealth games, which are often referred to as the friendly games, were first held in 1930 and have taken place every four years since then. The games have a total of 22 sports, including netball, gymnastics, boxing, cricket, aquatics, volleyball, weightlifting, basketball and rugby sevens. The games will be spread out over two weeks; Coventry arena, Alexander Stadium and The NEC are just three of the incredible venues.

The Commonwealth is a group of 54 countries and 18 territories of which our Queen is head. However, in recent times many countries are seeking to remove themselves from being ruled by the Queen, as historically these countries have been claimed by the British.



Reporter: Cerys Barson

This year, my family have booked to watch netball at the Commonwealth games. As a netball player myself, I am really looking forward to seeing Wales V Australia, although Wales will struggle against such a well renowned team. We will also be watching Jamacia v Scotland. It will be good to see some of the home nations in action.

In the 2018 Commonwealth Games, England were victorious against Australia in a thrilling final with a last minute 52-51 win for The Roses. England are ranked 3<sup>rd</sup> in the world with Australia still leading the way. In the rest of the home nations the Welsh are ranked 8<sup>th</sup>, Scotland 9<sup>th</sup> and Northern Ireland 11<sup>th</sup>.

I think it is amazing that netball is becoming a more globally recognised sport. However, it is not a sport that features in the Olympic Games- which is a real shame. Competitive netball is becoming more popular. Netball is also being shown more on sports channels.

Netball is an action-packed, fast-moving sport. Each team consists of seven players who play in dedicated areas of the court. The aim of the game is to score as many goals as possible by passing the ball form a centre pass. Once in procession of the ball, players must stand still, and they have 3 seconds to pass the ball to their teammates. 'Man marking' and interceptions are key skills, especially in the defensive positions. A goal is scored by shooting the ball through a net, which only the Goal Shooter or Goal Attack can do.

I can't wait to see some live action games, experience the crowds at the Commonwealth Games, and wish for

some Welsh success; you never know!







# STIPPIT ACHIEVEMENTS

When it comes to Resilience, BBG students have it by the bucketload, but this young man shines out as one of the toughest and most determined students we know.

Around 15 months ago, Ellis Pearson of Year 10 suffered an absolutely devastating rare injury which left him unable to walk. Ellis suffered a double bilateral patella fracture with sleep avulsion (basically meaning Ellis broke both his knees and pulled the front of his shin bone off). Ellis underwent surgery to pin and anchor the fractures and faced months of therapy to even stand unaided. The physical injury was horrendous enough, but the effect that it had on his emotional and mental health was just as tough.

Ellis initially used a wheelchair, then gradually, as he regained strength in his legs, progressed to crutches to help him get around. He missed months of school, and while he was able to access online lessons, he missed his friends and the social side of the academy terribly.

Most of all though, Ellis missed his beloved rubgy! He has been playing for the Birkenshaw Bluedogs since the age of 6, and Rugby was a massive part of his life. He was genuinely heartbroken that he could not join his team-mates on the pitch, and his team-mates and coaches were gutted that Ellis could not join them for training and matches. It was a long 15 months.

In October 2021 Ellis was able to start gradually and gently reintroducing himself to training. He started to rebuild his fitness and stamina, which was difficult after such a bad injury. Finally, last weekend the time came for him to play his first match. The team played against Methley, and Ellis played 15 minutes on the pitch. This may not seem very long, but for Ellis it felt amazing! Those two or three tackles, and few strong runs will stay with him forever. It was the next step to full fitness, and his team were elated to have him back.

Taking to Twitter, the U15 team manager said "I've got to say this kid is unbelievable. Many would have quit with the injury he sustained but not Ellis. If he puts the same commitment in at school the sky's the limit."

The sky certainly is the limit for Ellis. Now that he is back, there is no stopping him, and he is looking forward to continuing to build his stamina and playing for longer. We could not be prouder of this young man. He is a credit to himself, his family, his rugby team, and to BBG. The true spirit of Team BBG!



Well done Ellis. We are with you every step of the way!

# STIPPIT ACHIEVEMENTS



Congratulations to Owen Sheard of Year 8, who was last week awarded Scout of the Year at the 5<sup>th</sup> Spen Valley Scouts presentation. Owen has been a member of 5<sup>th</sup> Spen Valley since he joined Beavers at the age of 6, and progressed through Cubs and into Scouts. He is now patrol leader of the Raven patrol.

Owen was given the award for being a positive role model to others, always turning up with a smile and a

helping hand, and for developing his leadership skills.

Owen's favourite Scouting activities are pioneering, outdoor activities and camping. He says that his favourite camp was the one without tents... the whole troop slept in hammocks! He will stay in the Scout section until he moves on to Explorers at the age of 14.

The previous recipient of the Scout of the Year staff was Owen's brother Jay, who received the award during lockdown in 2020. Their younger brother Oscar was awarded cub of the Year at the same presentation ceremony, so there is no doubt that Scouting is in the blood. I am sure their parents are incredibly proud to have three such caring and dedicated boys!



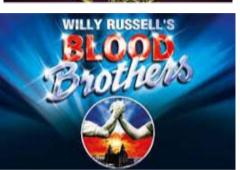






Did you know? A Midsummer Night's Dream doesn't, in fact, take place in a single night. It doesn't occur over a single night, but rather over four or five.

After a two weeks of a collapsed timetable, Year 7 are back and diving straight back into A Midsummer Night's Dream! After a brief recap of the play, they will begin working on their final assessment which will focus on Shakespeare's intent, context and language analysis -best of luck to all!





Year 8 continue to work hard as they gain a deeper understanding of Blood Brothers. Their topic lessons will allow students to develop their knowledge of social class and explore Russell's intent which will be applied to the assessments.

Year 9s are getting ready for their GCSEs as they study Romeo and Juliet. They are learning key information about the plot and major characters and preparing for their final assessment.





The library has a temporary new home in G55. Don't forget to pick up your reward card the next time you pop in!







Romeo Juliet

h	Savana	Bailey- Chamberlain	15
V	Cerys	Barson	13
	Ethan	Harris	8
<u>.</u>	Isobel	Healey	8
	Drew	Longbottom	9
	Jack	Milner	9
	Lilly-Grace	Selby	8
	Evie	Smales	11
	Leighton	Tracey	8

Students named this week have completed more than double the expected amount of Bedrock over the past fortnight! Well done for your hard

work and dedication.



#### Year 7

As Year 7 continue exploring different types of cities around the world, they have this week learnt about squatter settlements. In some lessons students have had the opportunity to create their own squatter settlement and then have been tested by the teacher to see if it survives!



Year 8

Developing their data skills, and graph reading students have learnt about the Demographic Transition Model, Population Pyramids and the positives and negatives of an ageing populations.



#### Year 9



Our Year 9 students have taken a virtual journey along the Holderness Coast. They have explored key landforms found along this coastline, along with learning how these landforms are created.



#### Year 10

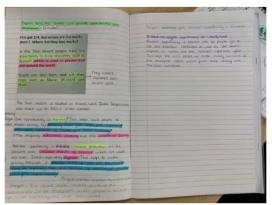
Year 10 have flown through the Living World topic. Miss Lord's two classes are at the assessment stage whilst Miss Stephenson's and Mrs Doherty's classes are focusing on 9 mark practice. Mrs Doherty has been so impressed with her class. They worked hard to scaffold an exam answer and then mark their own work. They also produced some fantastic purple pen, using teacher feedback to help them progress.

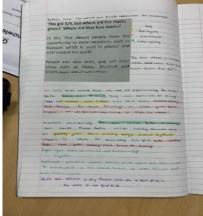
#### Year 11

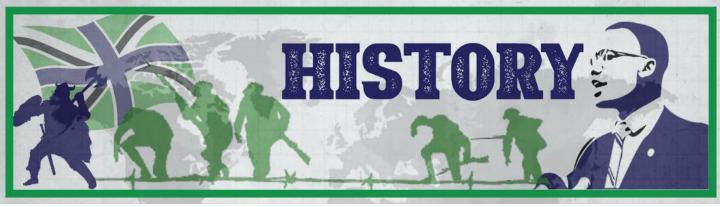
Students' behaviour was fantastic in their Paper One exam booster, and they have continued showing great effort in lessons all this week. Well done Year 11

#### Exam dates

Paper 2 – 7<sup>th</sup> June Paper 3 – 14<sup>th</sup> June

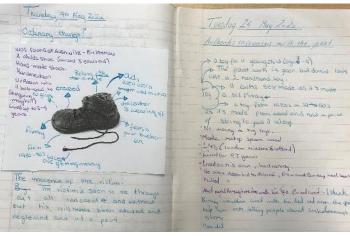




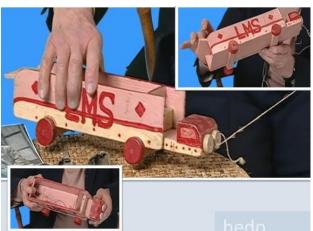


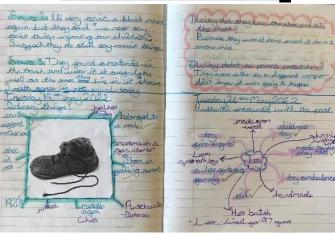
#### Year 8 History: Who remembers, what is remembered, and what is forgotten?

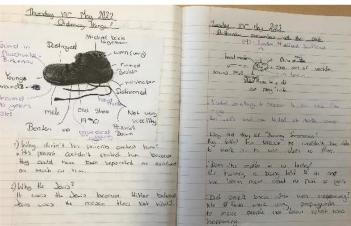
These are the key questions presented to Year 8 students who have continued their study of Social Justice with their new topic of the Holocaust. This week's lessons have focussed on authentic encounters with 'Ordinary Things' and the story of Leon Greenman, a Holocaust survivor. Year 8 have used everyday items, often the only things that remain of Holocaust's victims, to ensure that they are not forgotten.









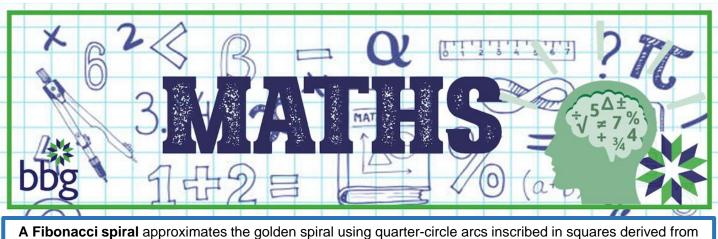


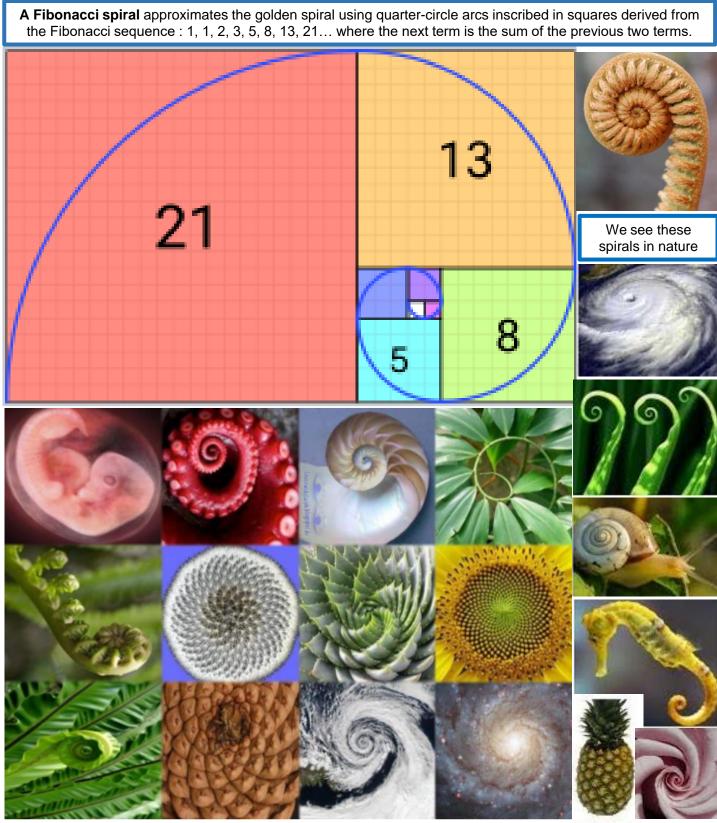




Stan Foot

day ombulence!



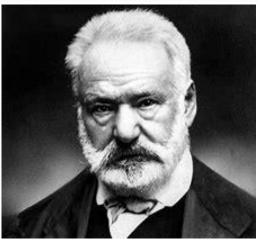




# A good man goes against war - A giant pillar of France literature

**Victor Marie Hugo** (26 February 1802 – 22 May 1885) was a French poet, playwright, novelist, statesman and human rights activist. He played an important part in the Romantic movement in France.

Hugo first became famous in France because of his poetry, as well as his novels. <u>Les Contemplations</u> and <u>La légende des siècles</u> are his most famous poetry collections. Outside of France, his novels <u>Les Misérables</u> and <u>Notre-Dame de Paris</u> (The Hunchback of Notre Dame) are his most famous works. His work was concerned with political and social problems. He is buried in the Panthéon, in Paris.

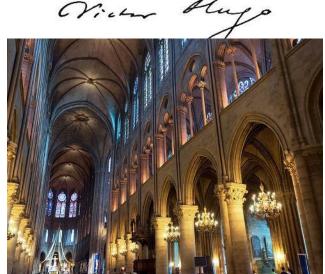


Victor Hugo was the son of Joseph Léopold Sigisbert Hugo (1773–1828) and Sophie Trébuchet (1772-1821). He was born in 1802, in Besançon (in the Doubs department). He lived in France for most of his life. When he was young, Hugo fell in love. He became secretly engaged to his childhood friend Adèle Foucher (1803-1868), against his mother's wishes. He married Adèle in 1822, after his mother's death in 1821, and they had five children:

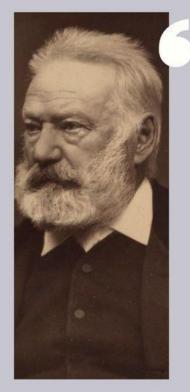
Hugo published his first novel in 1823 (Han d'Islande). He published five volumes of poetry between 1829 and 1840.

The death of his oldest and favourite daughter, Léopoldine, made Hugo very sad. She died at the age of 19, in 1843. This was only shortly after her marriage. She drowned in the Seine river. Her heavy skirts pulled her down, when a boat overturned. Her husband died as he tried to save her. At the time, Victor Hugo was travelling with his mistress in the south of France. He learned about Léopoldine's death from a newspaper when he was sitting in a café. He describes his shock and grief in his poem À Villequier. After this, he wrote many poems about his daughter's life and death. One of his most famous poems is Demain, dès l'aube. In this poem, he describes visiting her grave.

Victor Hugo's first mature work of fiction appeared in 1829. It reflected an interest in society which appeared more often in his later work. Le Dernier jour d'un condamné (The Last Day of a Condemned Man) had a big influence on writers such as Camus, Dickens and Dostoevsky. The novel recounts the thoughts of a man condemned to die. Hugo wrote this novel to express his feelings that the death penalty should be abolished. He himself considered it to be a precursor to his great work on social injustice, Les Misérables. But Hugo's first successful novel was Notre-Dame de Paris, published in 1831. It was translated into other languages across Europe. One of the effects of the novel was to make the inhabitants of Paris restore the neglected Cathedral of Notre Dame, which was attracting thousands of tourists who had read the popular novel.







Faites comme les arbres; changez vos feuilles et gardez vos racines. Donc, changez vos idées, mais gardez vos principes.

VICTOR HUGO



#### À Villequier – Victor Hugo Poem about Léopoldine's death (his daughter)

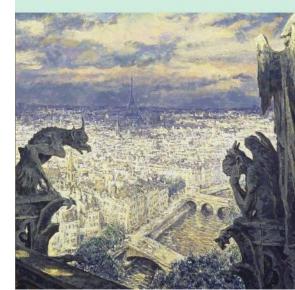
Hélas! vers le passé tournant un oeil d'envie, Sans que rien ici-bas puisse m'en consoler, Je regarde toujours ce moment de ma vie Où je l'ai vue ouvrir son aile et s'envoler!

Je verrai cet instant jusqu'à ce que je meure, L'instant, pleurs superflus! Où je criai : L'enfant que j'avais tout à l'heure, Quoi donc! je ne l'ai plus!

Alas! turning an envious eye towards the past, unconsolable by anything on earth, I keep looking at that moment of my life when I saw her open her wings and fly away!

I will see that instant until I die, that instant—too much for tears! when I cried out: "The child that I had just nowwhat! I don't have her any more!"

# The Hunchback of Notre-Dame





# TABLEAU D'HONNEUR

**Teacher: Mme Djokovic** 

**Isla Casterton-Lunn (Year 9)** - for completing Memrise tasks as requested

Jake Saville (Year 9) - for completing Memrise task and doing more than is required

**Teacher: Mrs Clough** 

Paddy Austin (Year 8) - for improved participation in class

**Dexter Farmer (Year 8)** - for demonstrating excellent understanding of forming comparatives.

Teacher: Ms Jones

Bella Duncan (Year 7) and Grace Charlton-Brown (Year 7) -Well done for always working so well













Brane!



It is so lovely to be able to share news of student performances with you again after such a long time.

Back in 2019, when Mia Bostock was in Year 7, we were lucky enough to see her perform with the Dewsbury Arts Group Youth Theatre Company in a play called *Daft*, which told the story of a mystery illness in Victorian Bradford. Shortly after this, Polly Wragg (Year 10) and Keani Hughes (Year 9) also joined the group, and last week they all took to the stage in a performance called *Figments* by David Foxton.

The play was written especially for Dewsbury Arts Group, and was performed in their very own theatre, the David and Judith Wood Theatre.

A brief synopsis...

Two young people let their imagination run riot in a supermarket.

What if you filled other people's trolleys with items when they weren't looking?

What if you ate items from the shelves as you walked round? What if the supermarket had a formation trolley-pushing team?

What if there was an alien force at work?

Are they all figments of their over-active imaginations? Or are there other reasons for the strange goings-on?







The girls had a lot of fun rehearsing and performing the play. Mia played the role of Rachel, a supermarket assistant; a role which included a baguette fight with Keani's character, Miss Fornby-Knox, who was a customer in the supermarket. Polly played the part of a formation trolly dancer and a supermarket assistant. They are now looking forward to moving up to the senior group next term, and even more performances.

We can highly recommend this theatre group to anyone who is looking to take up performing arts in their spare time. They are a friendly, supportive and welcoming bunch, and the quality of their performances is great.

More information about the group can be found here: http://dewsburyartsgroup.info/



A key role of science in 2022 and the years to come is finding new ways to combat and reverse global warming.

One heavily promoted way to reduce the levels of greenhouse gas emissions is replacing combustion engines with electric motors. However, the batteries used in electric vehicles come with their own problems and require recharging. The answer is potentially a strange one.... Algae!

A company has produced a battery-like device that runs on algae and water, which can power a microprocessor chip (the brains of a computer) for up to a year with only light!

Want to know more? Read on here: https://www.anthropocenemagazine.org/2022/05/a lgae-powers-computer-for-a-year-using-only-light-and-water/

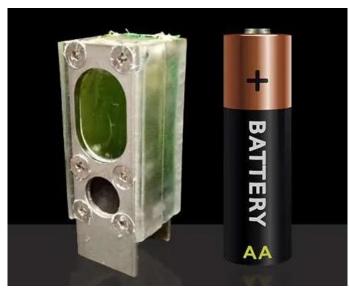


Meanwhile, in the UK, the simple act of sprinkling rock dust (an abundant byproduct of mining) on farmland is being explored as a potential to meet our climate targets.

This could potentially capture 45% percent of the carbon dioxide required to help the UK meet its 2050 net-zero targets and also replenishes the soil!

Want to know more? Read on here:

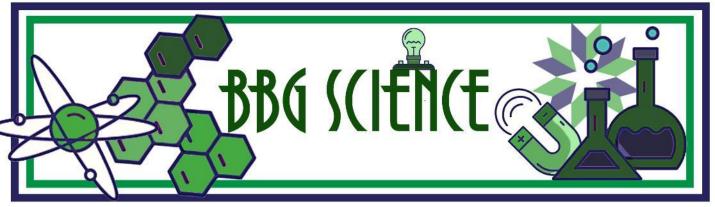
https://www.anthropocenemagazine.org/2022/0 5/the-simple-act-of-spreading-rock-dust-onfarms-is-an-overlooked-but-tantalizing-climatesolution/



# 5 ways to reduce your carbon FOODPRINT

- only buy what you need
  20-50% of everything we buy ends up in landfill
- 2 eat less meat and dairy
  70% of the world's foodprint is from animal products
- at less processed food
  the more processed a food is, the bigger its foodprint
- 4 buy local and in season these foods have travelled less and stored less
- 5 grow your own food the ultimate in local, seaonal, unprocessed food

for more information visit: ethicalnutrition.wordpress.com



Since returning from Easter, we have been embracing the spirit of healthy competition in science club. Students have been taking the time to research and engineer designs to take part in a range of different flight time challenges.



This past week we drew on our experiences from resilience camp where we took part in the splash challenge, an event that left Mr Walters looking like he had taken an impromptu bath!

We decided to take the splash challenge a step further and replace our water balloon passenger with a far more fragile raw egg! Armed with only a bin bag, paper, string and Sellotape the students set out creating a lander that would allow their egg to survive a fall of 4 metres.





It has been amazing to see the resilience of the students, as they worked around the problems they encountered and endeavoured improve their from designs their observations and results.



Amazingly, all but 2 of our landers survived the fall twice over! As the students had all drawn on their inspiration and produced parachute designs we elected to award the design with the slowest descent with the winners title.

Declan, who can be seen perfecting his design above, triumphed with a fantastically controlled descent, whilst Bracken and Harry came a close second and third!

Think you could have done better? Love all things science? Join us next Thursday in F34 after school.

Check https://www.science-sparks.com/easy-ideas-forout science-at-home/ for fun ideas to get stuck into science at home!





For outstanding and very detailed presentations on customer service skills.

Great research of holiday destinations around the world.







(I-r) Harry Voong, Harry Lee

**Chloe Dewhirst** 

Detailed independent research on worldwide holiday destinations.







(I-r) Evie Sykes, Tom Butterfield, Aaron Opacic

For their independent work.





(I-r) Jack Jones, Adam McAlister

Working hard to complete their unit 2 assignments.







(I-r) Elissia Bull, Jacob Wynn, Ella McMahon

Showing resilience in their work.





(I-r) Millie Lavin, Ella Murgatroyd

# TWEETS of the WEEK

We cannot be more excited for Ellis - probably the most resilient young man BBG Academy @BBGAcademy · May 23 we have at BBG. After suffering a devastating injury in March 2021, this weekend he stepped back on the rugby field. His quiet determination and hard work is simply breathtaking. So so proud of you Ellis!



Mrs Thompson Gill @MissThompson\_DT · May 25 Super proud of Kian in Design this morning. hhe Fantastic work, well done! @BBGAcademy @BbgYear7



BBG Academy @BBGAcademy · May 23

Another year 7 reading programme comes to an end. Well done on extending your school day, investing in your own future. 📖 Enjoy your rewards... and the pizza party! 🎊



BBG Academy @BBGAcademy · 1h

Tyler and Evie from the Year & Community Champions Group are visiting the GWE engineering to learn how we can be more energy efficient at BBG. Such an important topic and great students to start our journey to sustainability



Luke Elcock @Mr\_ElcockSci · 17h

@BBGAcademy more from the Bake off today, including our winners and Star Baker!







# BBG Year



### STARS OF THE WEEK



REMITROTT
Effort and commitment to the reading programme



OSCAR NORMINGTON-MEALOR Outstanding work in history



MATTHEW SHIELDS
Effort and commitment
to the reading
programme



MAISIE GILL Effort, enthusiasm and always a good friend





EVIE JACKSON
Effort and commitment
to the reading
programme



SPENCER HARTLEY Effort and commitment to the reading programme



ROBYN NIELD Effort and commitment to the reading programme



### CERTIFICATES AWARDED TO



**Ben Murrock** 

For being quietly awesome, great manners and brilliant behaviour



**Lily Pailing** 

For her kindness to others



**Will Smith** 

Contributions to Thought of the Week



**Logan Pinder** 

For always having a smile and being so cheerful







MRS SULLIVAN'S

## STAR OF THE WEEK



Fantastic work in History



Improved confidence and great work ethic



Fantastic improvement in attendance









Great work in his Cooking lesson



**FLANAGAN** 100% effort in all her work



Fantastic Progress in all his

Subjects



#### **Ava Tempest**

For being an absolute delight to have in Form and across school as a whole.



Nominations by Mrs Backhouse

#### Elissa Aveyard

A remarked improvement in attitude over the last few weeks - it has been so pleasing to see!



#### Ben Johnson-Williams

Showing a fantastic attitude across school all year - well done!







### STARS OF THE WEEK

JASMINE PINDER AND JOEL BRYANT



# BBG SUPPORT

We want you to feel there is always someone to talk to.

# We will always listen to you.



New email alert

Tellsomeone@bbgacademy.com

## THOUGHT OF THE WEEK



#### **EVENTS THIS WEEK**

World Turtle Day National Epilepsy Week European Neighbours Day World Hunger Day

## EVENTS HAPPENING THIS MONTH

- · Maternal Mental Health Month
  - · Share a Story Month
- Local and Community History Month

#### **Discussion points**

Watch this video - Are you okay? |

How were people treating each other in it?

Think about the way in which people talk to and about each other. Can you find similarities with the video and the way in which people might talk to each other in school?

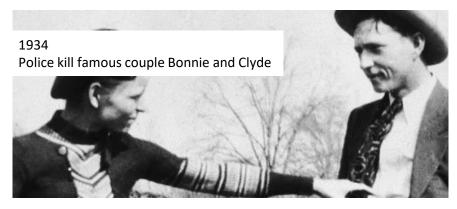
If others saw the lasting effect of their words (the purple goo) do you think people would act differently?

Why do people think it is ok to say hurtful things about others on social media?

Would you class this as cyber bullying? Look at the NSPCC website to identify the signs of cyber bullying and what help is available

THINK ABOUT THE CONSEQUENCES OF YOUR WORDS









# Confiles hatewin

A confidential 24-hour support service for young people under 18 experiencing or witnessing a Hate Crime

Call: 0808 801 0576

Text: 07717 989025

For other ways to contact us visit: callhateout.org









#### Introduction

Ofsted Parent View is an online survey that allows parents to give their views about their child's school. Parents can complete the survey at any time. By 'parents', we mean any person with parental responsibility for a child at the school.

Ofsted Parent View is also the main mechanism for parents to give their views to inspectors at the time of a school inspection.

You can access the survey directly from the <u>Ofsted Parent View site</u> or from the homepage of <u>Ofsted website</u>.

Schools can encourage parents to use Ofsted Parent View to give the views on a school either during an inspection or at any other time of the year.

https://parentview.ofsted.gov.uk/

#### **Ofsted Parent View questions**

	My child is happy at this school	My child feels safe at this school	
	The school makes sure its students are well behaved	My has been bullied and the school dealt with the bullying quickly and effectively	
	The school makes me aware of what my child will learn during the year	When I have raised concerns with the school they have been dealt with properly	
	Does your child have special educational needs and/or disabilities (SEND)?	The school has high expectations for my child	
	My child does well at this school	The school lets me know how my child is doing	
There is a good range of subjects available to my child at this school		My child can take part in clubs and activities at this school	
	The school supports my child's wider personal development	I would recommend this school to another parent	



#### **Download your Free Online Safety App for** Parents & Carers



#### On the National Online Safety app you'll find:

- Hundreds of online safety guides on the topics you need to know about from screen addiction, fake news and trolling to hacking, social media influencers and sexting;
- An online safety training course for parents developed by our experts and delivered by online safety ambassador Myleene Klass;
- A user-friendly interface with increased functionality find exactly what you need, when you need it;
- The option to get notifications to your phone as soon as new content becomes available so you can stay up-to-date with the latest online crazes (and risks);
- An in-app voting system so you can help determine the subjects you'd like us to cover in future;
- The facility to personalise your content by favouriting key resource.

Download the free app today









Calt 0800 368 8061 Email: hellognationalonlinesafety.com







Free online safety resources and training for parents

Create an account to sign up online resources, weekly guides and free training at http://nationalonlinesafety.com/enrol/bbgacademy and complete your details. Once you're set up you'll be able to set 'parent/carer' as your user type.











sleephub.org.uk

#### WELCOME

#### HOW TO IMPROVE THE SLEEP OF YOUR STUDENTS

In Autumn last year, we launched our new Teen Sleep Hub, as part of our Teen Sleep Matters campaign, and it has been an amazing success so far with so many of you getting involved in sharing the information we supplied. We have also had lots of support from the Mental Health Foundation and Royal Society for Public Health.

Covid-19 continues to impact on the health and wellbeing of young people, in particularly around their sleep and mental health. Even with the return to school, we are still living in uncertain times and young people are still suffering with isolation, learning at hon with bubble closures, out-of-school activities suspended and routines being altered dramatically, it has been, and remains, extremely challenging.

Since we last made contact we have been working hard to continue to push this campaign and we have now launched a Live Chat service on our Teen Sleep Hub. This facility is available on Tuesday and Thursdays from 6-8pm so young people can chat about any issues they are having with their sleep with one of our trained sleep practitioners. Please do direct your students to this and even inform parents of this service

#### In this second pack you will find

- A selection of NEW posters promoting the Live Chat that can be emailed out to students and parents and, when normality resumes, can be printed and put up in classrooms, toilet facilities and other communal areas
- Social media graphics that you can use on your social channels and website to direct students and parents to the Teen Sleep Hub

As a reminder, the Teen Sleep Hub is a hive of information around sleep aimed at teens (not their parents) and includes a downloadable eBook and a series of top tips videos. We were supported on this project by our amazing Youth Advisory Panel, made up of young people aged between 13 and 19, across the country. It has been a great success so far with er 17,000 downloads of the eBook, proving that young people want the knowledge to help them improve their sleep.

Thank you for your support. Please do get in touch if you have any questions or would like

lisa Altis

Lisa Artis Deputy CEO The Sleep Charity

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# BIRKENSHAW BELLS NC SENIOR SQUAD TRIALS



We are recruiting players for the 22/23 season!

We are looking for players to join our friendly and competitive squad. Training is every week and we have two teams that compete in the WY League on Saturdays.



#### Trial info:

Thursday 9th, 16th & 23rd June, 7:30 - 9:15pm

Hope Park Business Centre (Lighthouse), BD5 8HB Found at the end of the M606.

Contact BBNC Coach Emily Jagger to register your interest :

birkenshawbellsseniors@outlook.com











### What Parents & Carers Need to Know about

**CROSS-PLATFORM SHARING** 

WHAT ARE THE RISKS?

suitable for youngsters. When things like these begin trending online, it can be difficult to prevent children accidently stumbling across them – especially if they use a range of platforms, like online games, social media, streaming sites or messaging apps. A trend can originate in one online space and rapidly spread to other platforms or via chat apps. The frightening Huggy Wuggy character, for instance, first emerged as part of a game on Steam; now there are parody songs on TikTok, videos on YouTube and more than 45,000 results for #huggywuggy on Instagram.

#### UNSUITABLE VIDEOS AND IMAGES

Anyone can upload footage to a video-sharing platform, which has resulted in clips that appear age-appropriate but actually aren't so innocent. The audience for Peppa Pig, for instance, is very young but there have been reports of Peppa cartoons with extreme violence spliced into them. Likewise, footage of the rozor-toothed game character Huggy Wuggy has been inserted into numerous child-triendly videos (even on YouTube kids), scaring many young viewers.

#### INAPPROPRIATE LANGUAGE

On a similar theme, there is always the possibility that user-uploaded video content could include language which really lish't suitable for children. The on-screen imagery may look child friendly, but if your child is wearing headphones, then you'll remain unaware of what is being said: some videos have featured songs containing explicit language or characters graphically describing violence.

#### COPIES OF LIVE STREAMS

#### ACCIDENTAL EXPOSURE

#### Advice for Parents & Carers

#### **USE SAFETY FEATURES**

Enable safety settings like Google
SafeSearch and the optional restrictions
on video-sharing platforms like YouTube.
Whenever possible, stick to YouTube Kids for
young children, as the software will help to filter
out unsuitable content. Remember that filters
aren't always enough to block all inappropriate
material – especially when child-friendly videos
have been edited maliciously.

#### AVOID FAN-MADE CONTENT

If your child watches cartoons and shows on YouTube, spend time with them making a playlist of videos that you're comfortable with them watching. Always source videos from official channels, as opposed to fan-made content: you can never be completely confident about material that another user has created or uploaded.

#### LESS IS BEST

Manage the number of online platforms your child has access to, based on their age and maturity. Just because their friends use a certain game or app, it doesn't mean your child must have it too. Follow the age guidelines for games and apps, and check regularly that privacy settings are in place.

#### REACT CALMLY

If you hear or see anything unsuitable on your child's device, calmly ask them to turn off the game or video in question. Explain that they haven't done anything wrong, but that you didn't like what you saw or heard and you would much rather they watched or played something else instead.

#### KEEP IT COMMUNAL

Encourage your child to stay in a communal family space when they're watching videos or playing online games on their devices — without headphones, if possible. This will make it far easier for you to keep one eye (and ear) on what they are seeing and hearing while they're online.

#### SUPPORT AND REASSURE

Remind your child regularly that anyone can post anything online – and that not everything online is real. If your child is sent something that scares or worries them, ask them to show you. Watch it alone (to avoid unnerving them further), then praise them for coming to you and talk about what upset them. Recommend a break from their device to do something which helps them feel calm and happy.

#### Meet Our Expert

Dr Claire Sutherland is an online safety consultant at BCyberAware, who has developed anti-bullying and cyber-safety workshops and policies for schools in Australia and the UK. She has written various academic papers and carried out research for the Australian government, comparing the internet use and sexting behaviours of young people in the UK, USA and Australia.



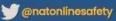




National Online Safety #WakeUpWednesday



www.nationalonlinesafety.com





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## SPORTS STAR OF THE WEEK



**Phebe Firth** 

Playing fantastic and having a great attitude in rounders





**Jack Breakwell** 

Trying really hard to get involved and developing a great understanding of tunnel ball and kick rounders.



**Neive Bacon** 

Great work rate in American football and table tennis





**Isabelle Goulding** 

Brilliant attitude to PE



### SPORTS STAR OF THE WEEK



Mylie Harvey

Fantastic knowledge
and recall in PE



Good engagement with GCSE PE prior to exams

**Liam Wood** 



**Betsy Nichols** 

Fantastic resilience in PE





Charlotte Harding

Fantastic resilience in PE



### SPORTS STAR OF THE WEEK



**Alexie Hulley** 

Brilliant effort in trampolining





**Ruby Haigh** 

Brilliant effort in trampolining



**Oliver Dorsey** 

Great contributions to GCSE PE lessons





**Caitlin Armitage** 

Great effort in handball and scoring 9 goals

EXTRA CURRICULAR TIMETABLE					
SUMMER TERM					
MONDAY					
Times	Club/Activity	Year Group	Teacher	Venue	
2.30-3.30	Netball	Year 8-11	All DE	Changing room meet	
2.30-3.30	Badminton	Year 7	All PE colleagues		
2.30–3.30	KS3 Book Club	Years 7 - 9	Mrs. Fitzsimons	G55 (Twice per half term starting 20 <sup>th</sup> September)	
2.30-3.30	KS3 Performing Arts	Year 7 - 9	Miss Sanderson/Miss Roumelioti	Drama Room G29	
2.30 - 3.30	Art Club	Years 7 - 11	Mrs. Gill	Workshop	
2.30 - 3.30	Chess Club	Years 7 - 8	Mrs. Luffman	Heart Space	
2.30-3.30	Homework club	Year 7 - 11	Mrs. Morland	F13	
2.30-3.30	Prep	Year 11	Rotation	F15	
		TUI	ESDAY		
2.30-3.30	Homework club	Year 7 - 11	Mrs. Morland	F13	
2.30-3.30	Baking club	Year 7	Mrs. Denwood (Catering Manager)	Main school kitchen	
2.30-3.30	Boxing Club	Girls	Training Cave	Gym	
2.30-3.30	Prep	Year 11	Rotation	F15	
		WEDI	NESDAY		
7:15-8:00	Netball Strength and Conditioning	Year 7 - 11	All PE colleagues	Changing room meet	
2.30-3.30	Cricket	Year 9 - 10	All PL colleagues	Changing room meet	
2.30-3.30	Girls Rugby	Year 7 - 11	1		
2.30-3.30	Homework club	Year 7 - 11	Mrs. Morland	F13	
2.30-3.30		Years 7 - 8		F13	
	Computer Club		Mr. Suggitt		
2.30-3.30	Prep	Year 11	Rotation	F15	
			RSDAY	_	
2.30-3.30	Athletics	Year 7 – 11	All PE colleagues	Changing room meet	
2.30-3.30	BBG Press	Years 7-9	Mr. Smith	F13	
2.30-3.30	Students for Social Change (SFSC)	Years 10-11	Miss Cracknell	G50	
2.30-3.30	Science Club	Years 7 - 8	Science Colleagues	F34	
2.30-3.30	French Speaking	Year 10 - 11	Mme Djokovic	G47	
2.30-3.30	Homework club	Year 7 - 11	Mrs. Morland	F13	
2.30-3.30	Prep	Year 11	Rotation	F15	
		FR	RIDAY		
2.30-3.30	Rounders	Year 7	PE colleagues	Changing room meet	
2.30-3.30	Cricket	Year 7-8	]		
2.30-3.30	Basketball	Year 7-11			
2.30-3.30	Choir	Years 7 – 11	Miss Sanderson/Miss Roumelioti	Drama Room G29	
2.30-3.30	Homework club	Year 7 - 11	Mrs. Morland	F13	
2.30-3.30	Prep	Year 11	Rotation	F15	
2.30-3.30	Boxing Club	Boys Year 7 - 11	Training Cave	Gym	

EXTRA CURRICULAR TIMETARLE

<sup>\*</sup> Please note there are number restrictions in these activities due to risk assessment/facility. Students will be placed on a rota if maximum numbers are exceeded.

<sup>\*</sup> If students wish to attend more than one on the same day, they should inform the teachers and rotate alternate weeks.

<sup>\*</sup> Further activities will be added throughout the term